



Faith United Methodist Church
1623 Central Avenue Kearney, NE 68847-6021

www.kearneyfaith.org
office@kearneyfaith.org
308.237.2550

SNEAK PEEK

- ◆ Mission Project
- ◆ Veterans Day
- ◆ Birthdays
- ◆ Anniversaries
- ◆ Thank You
- ◆ Nurse's Corner



How can we improve the Faith in Action newsletter? How about the church bulletin? Are there articles or information you would like to have included? *Please let us know!* Thank you.

Suzann Christensen, office secretary
office@kearneyfaith.org
(308) 237-2550



- 11/01 Rachel Brown
- 11/02 Roger Pollat
- 11/02 Shirley Fischer
- 11/03 Rick Pettit
- 11/04 Alexandra Bray
- 11/05 Tom Russell
- 11/06 Jon Obermiller
- 11/06 Kailyn Spellman
- 11/08 Pam Blessing
- 11/08 Jack Beatty
- 11/09 Marie Danburg
- 11/11 Helen George
- 11/11 Jason Odens
- 11/12 Richard Chism



- 11/04 Stuart & Marci Gilbertson
- 11/05 Steve & Nancy Zwink
- 11/07 Mike & Crystal Duester
- 11/10 Mike & Linda Johnson

Faith United Methodist Church Staff (308) 237-2550 office@kearneyfaith.org

Pastor: Rev. Robert Perry

Director of Christian Education: Lauryn Gustafson

Office Secretary: Suzann Christensen

Custodian: Bob Eberhard

11:00 a.m. Choir Director: Fran Wilson

Musicians: Mary Nuss (8:45 a.m.) and Kathe Cox (11:00 a.m.)

8:45 a.m. Praise Team: Penny Buettner, Jim Haws, Ed Kohel, Jake Maaske, Tari Poorman-Maaske





“Light of the World” Christmas Pageant

“The Light of the World” is a Christ-

mas Pageant performed by local residents of Minden, NE on the sides of the courthouse square every year. More than 100 Minden volunteers play centurions, angels, kings, and the Wise Men, as well as Joseph and Mary in a reenactment of the traditional Christmas story.

Every performance is free of charge and culminates in the illumination of over 12,000 bulbs that adorn the courthouse and the square itself. The spectacular Christmas lights on the Kearney County Courthouse can be seen for miles.

This year’s performance dates are Saturday, November 28 at 7:00 p.m., Sunday, December 6 at 7:00 p.m., and Sunday, December 13 at 7:00 p.m. Faith’s **Mary Nuss**, 8:45 a.m. musician, is one of the volunteers playing the part of Mary (and she is usually located on the west side of the square).

Each Christmas season, Faith parishioners volunteer to write or contribute something for our **Advent booklet**. The booklet has contributions from November 29 (the first Sunday of Advent) through January 3 (Epiphany Sunday).

Christmas is a time of love, joy, and hope and we want to share those feelings with each other. That’s what our Advent booklet is all about.

Do you have a special Christmas or holiday story? Or a special family tradition? Or do you have something to share during this Advent season?

Our Advent booklet serves as a kind of devotional — a way to help us celebrate the season of Advent as well as getting to know each daily author a little better. We would LOVE to have your story included.

Please consider signing up for a day in our Advent booklet. Contributions may be e-mailed or handwritten; please have them submitted to the church office by **Friday, November 13.** Thank you.



Penny Buettner is celebrating the blessing of a new granddaughter, **Birkley Michelle**, born at 10:40 p.m. on Monday, October 26.

Birkley weighed in at 8 pounds and is 20.5 inches in length.



Thoughts and prayers for the family of Arthur “Art” Otto, whose funeral services were held at Faith UMC on Wednesday, October 27.



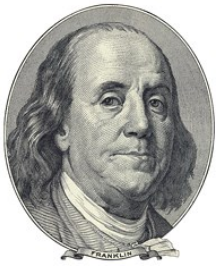
Veterans Day (U.S.)



Originally Armistice Day, commemorating the signing of the agreement that ended World War I at 11:00 A.M., November 11, 1918, this federal holiday was changed to Veterans Day in 1954. At this time, it became a day to honor all of the men and women who have served in the armed forces of the United States.

In Canada, this day is celebrated as Remembrance Day, a time to honor veterans who have died in service to their country.





Daylight Saving Time

Credit for Daylight Saving Time belongs to Benjamin Franklin, who first suggested the idea in 1784. The idea was revived in 1907, when

William Willett, an Englishman, proposed a similar system in the pamphlet "The Waste of Daylight".

The Germans were the first to officially adopt the light-extending system in 1915 as a fuel-saving measure during World War I. The British switched one year later, and the United States followed in 1918, when Congress passed the Standard Time Act, which established our time zones.

This experiment lasted only until 1920, when the law was repealed due to opposition from dairy farmers (cows don't pay attention to clocks).

During World War II, Daylight Saving Time was imposed once again (this time year-round) to save fuel. Since then, Daylight Saving Time has been used on and off, with different start and end dates.

Beat the Holiday Blues by Giving Back

(taken from <http://carecredit.com>)

Sure, this is supposed to be the season of cheer. But the holidays put some people in a blue funk. Here's the good news, though: There's a fairly simple way to shake the blahs and put some sparkle back in your holidays — just give back! *(Note: If your blues last more than two weeks, please consult with your doctor to make sure you are not suffering from clinical depression.)*

WHY IT WORKS

Volunteering and other acts of compassion and caring are proven to decrease stress while increasing people's sense of wellbeing and overall happiness. In fact, a study done at the London School of Economics showed that the more people volunteered, the happier they were. Similarly, research at Harvard, Wharton and Yale universities found that, "Happier people give more and giving makes people happier."

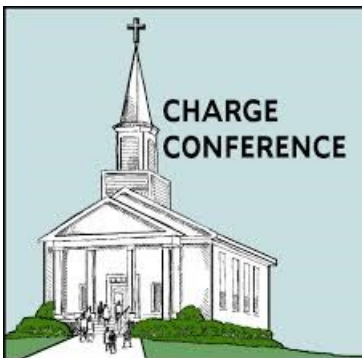
According to researchers at the University of Missouri, one reason that helping others — loved ones and strangers alike — makes us feel so good is that it helps create and strengthen social bonds. In addition, volunteering sometimes offers additional opportunities to spend time doing something that gives you joy anyway. For instance, if you love dogs, you might volunteer to walk them at your local animal shelter.

WHAT TO DO

There are countless ways to give back. Here are just a few:

- Tutor or be a room parent at your neighborhood school
- Sign up for shifts at a homeless shelter or similar facility
- Visit with hospitalized children
- Clean up parks, trails or other community areas
- Donate clothing, food, other goods or money
- Assist elderly or disabled people with home and yard maintenance

To find specific volunteer opportunities, talk with community centers, local nonprofits, churches and area civic groups.



2015 Charge Conference

The 2015 annual Charge Conference was held in Faith's sanctuary on Monday, October 26 with 23 in attendance.

District Superintendent Alan Davis conducted the conference.

Anyone wishing to have the packet of information handed out at the conference may

BUILDING ACCESSIBILITY UPDATE



Our building accessibility project is advancing! **THREE THINGS** have to happen in order for Faith UMC to proceed:

- ◆ Set of plans (blueprints are in Pastor Robert's office)
- ◆ Contract bid
- ◆ Plan for payment (total estimated costs \$538,560)

We already have \$459,770 from the estate of Warren and Betty Miller and other donations in the amount of \$3,975. We need a plan to cover the additional \$74,815 that the building accessibility addition will cost. **That's where our pledges come in.** We do not have to have the \$74,815 in hand — **we just have to have pledges showing that the money will be provided.** And your pledge does not have to be paid in one installment; it may be spread out over a period of time.

An easel in the back of the sanctuary is being used to track our pledge progress. Please prayerfully consider making a pledge for the Faith United Methodist Church A.D.A. Improvement Project. Thank you for your generosity.

Lost your pledge form? Fill out this one and drop it in the offering plate at church . . . Mail it to the church office (1623 Central Avenue Kearney NE 68847) . . . Or deliver it in person sometime.

I want to help! I will pledge to contribute \$ _____ to Faith United Methodist Church's A.D.A. Improvement Project.

Signed _____
Printed Name(s) _____



It's Done!

Trustees, in conjunction with Boy Scout Keegan Kuster, have completed the new **Faith Memorial Garden**, which replaces

the area near the NW entrance to the church. We are seeking donations to help fund this project. You can make a donation, \$25.00 minimum, and fill out the Donation Form in memory of a loved one. Once the funding is complete, a sign memorializing your loved ones will be placed in the **Faith Memorial Garden**. If you have any questions, please don't hesitate to contact any Trustees Member.

Faith UMC MEMORIAL GARDEN

Your name (s): _____

Amount of donation \$ _____
(min. \$25 donation)

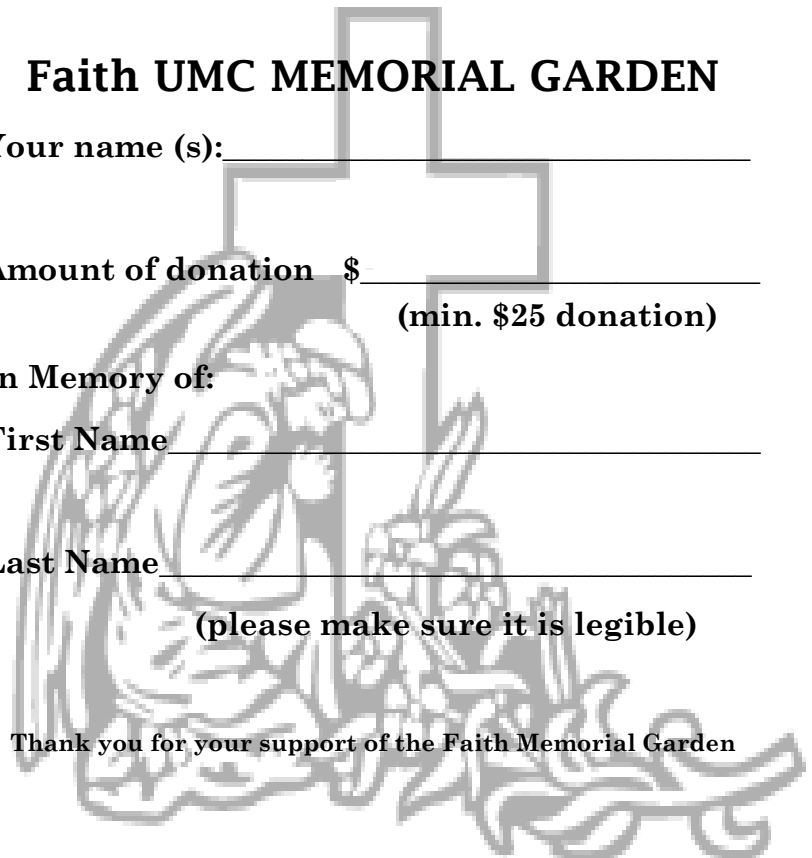
In Memory of:

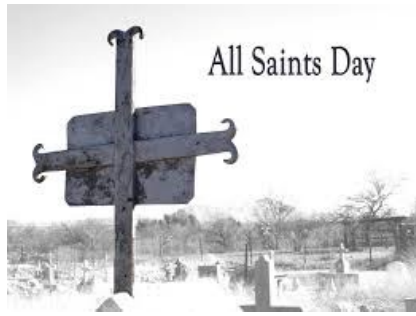
First Name _____

Last Name _____

(please make sure it is legible)

Thank you for your support of the Faith Memorial Garden





All Saints Day

Shared by Kathy Larson:

Joyce Rupp is an award-winning author who is well known for her work as a spiritual "midwife" and retreat and conference speaker.

"We currently honor the saints on November 1st, All Saints Day. I draw inspiration and encouragement not only from the saints the Church officially recognizes, but all those virtuous people who touched my life with their goodness: personal relatives, friends, teachers, and numerous others. Perhaps you might consider creating your own 'list of saints' this month.

Spirit of my ancestors,
this day I join in acknowledging the blessedness of the many who inspired me and shaped my faith. I turn in memory and appreciation toward those ancestors in my family of origin who influenced and encouraged me to live as my best self. I bring to mind others who enriched my life and led me further on my journey of personal transformation. I honor all those who sacrificed and suffered in order for peace and justice to be furthered on our planet. I give thanks and rejoice for the countless unnamed persons whose goodness left a lasting mark of kindness and compassion. May the remembrance of each of these blessed ones deepen my personal commitment to leave a trace of goodness wherever I go. When I depart this sphere of life may I do so having contributed to individual and world peace."

~ Joyce Rupp

Blessings
COUNT THEM ONE BY ONE

My sister-in-law's surgery went well (Sherri Banks) and now on to radiation. She has strong faith and strong spirit and loved the prayer quilt. Thanks a million!

~ Donna & Ray McLaughlin

Diabetes Referral and Information Event

This year the Diabetes Referral Network, a coalition of Buffalo County Community Partners, is hosting the first Diabetes Information and Referral Fair. The free fair will be Thursday, November 5th from 11:30 a.m. -6 p.m. at the Kearney Family YMCA where anyone can come to be connected with local resources that can provide assistance or education around specific needs participants may have to control or maintain their chronic illness. The event will host agencies that will set up booths to provide education on diabetes-related health issues. They will also refer participants to organizations and programs that assist those with prediabetes and diabetes.



The Nebraska Office of Public Guardian is a newly established office housed under the Nebraska Supreme Court. As part of the court process, the Office of Public Guardian is seeking volunteers with backgrounds in law, nursing, social work, mental health, gerontology, or developmental disabilities to serve as Court Visitors. Volunteer court visitors are called upon as needed to provide an independent report to the judge when a petition for guardianship is filed naming the Office of Public Guardian. All training and ongoing support will be provided by the Office of Public Guardian free of charge. For questions or to express interest, please contact Michelle Moore, Associate Public Guardian, at 308-627-9768 or by email at michelle.moore@nebraska.gov.

Gratitude unlocks the fullness of life.

*It turns what we have into enough, and more.
It turns denial into acceptance, chaos to order,
confusion to clarity.*

*It can turn a meal into a feast, a house into a home,
a stranger into a friend.*

*Gratitude makes sense of our past, brings peace for today,
and creates a vision for tomorrow.*

- Melody Beattie



Stay Safe: Put Down That Phone

(Courtesy of Nationwide)
October 8, 2015



It's SO tempting . . . you just need to look up one quick thing, answer one text, check one email. But you're driving, which makes it risky to take your eyes off the road. And if *you're* tempted, imagine how all the teen drivers feel.

The National Safety Council, in partnership with Nationwide, created a study about distracted driving and cellphones that offers . . .

THE TRUTH ABOUT CELL PHONE DISTRACTED DRIVING

The NSC compiled the information from the study into an easy-to-read infographic (<http://www.inthenation.com/nsc-infographic/>) that shows how car crash fatalities caused by cell phone distractions are significantly underreported. Thousands of high school students have been added to the traffic mix during peak travel times now that class is back in session, so it's a good idea to review this information with any teen drivers in your home—and it would be a good idea for adult drivers to see it, too:

- As many as 1 in 4 accidents are caused by cell-phone distraction
- The average cost of a car accident is \$10,000
- Drivers using a cell phone are 4 times more likely to get into a car accident

WAYS TO DISCOURAGE CELL PHONE DISTRACTED DRIVING

Cell phones can do a lot more than they used to—call, text, tweet, check Facebook, and find the nearest gas station—which makes the temptation to use them behind the wheel greater than ever. Don't just talk to your family about the dangers of cell phone distracted driving—consider taking other actions as well like using one of the many smartphone apps available that can limit phone use while a car is in motion. Or place your phone in the back seat where it's not conveniently close when temptation hits.

Cell phone distracted driving is a safety problem that affects everyone, not just teens. Let's all do our part to stay safe out there.

Mona's Store



During the school year, Faith UMC partners with Bryant Elementary's after-school program. In November and December, we ask parishioners to bring

items that those students may choose as gifts for family members. Mona Ripp, a longtime Faith member, loved helping children. Mona was so passionate about this mission of sharing Christmas with neighborhood children that, after her death, we named the event "Mona's Store" in her memory.

Mona was a cook at Bryant Elementary for many, many years. Please help Mona's Store by bringing items of approximately \$5 value. We need gifts for men, women and children of all ages. Also welcome are re-gifted new or gently used items that are Christmas-gift-appropriate. **(Please, no books or adult clothing.)** Items may be brought any time during November through December 13th and placed in the overflow room shopping cart.

Thank you for supporting Mona's Store!



Thanksgiving

On September 28, 1789, just before leaving for recess, the first Federal Congress passed a resolution asking that the President of the United States recommend to the nation a day of thanksgiving. A few days later, President George Washington issued a proclamation naming Thursday, November 26, 1789 as a "Day of Publick Thanksgiving" - the first time Thanksgiving was celebrated under the new Constitution.

Subsequent presidents issued Thanksgiving Proclamations, but the dates and even months of the celebrations varied. It wasn't until President Abraham Lincoln's 1863 Proclamation that Thanksgiving was regularly commemorated each year on the last Thursday of November.

~ National Archives



Come to the St. Luke's Apple Crisp & Soup Lunch plus Gift Basket Auction

St. Luke's Episcopal Church
in the Bishop's Hall
24th Street and Second Avenue



THE CHURCH WITH THE RED DOOR

Soups and Chilis
provided by the
St. Luke's Men's
Group

Raffle for 2
Hand-Made
Quilts and
other choice
items

**Sunday, November 8th;
serving from Noon to 2:00pm**

**Freewill Donation in aid of the
HelpCare Clinic in Kearney**

A bitter wind whistled through chinks and cracks in the Mayflower, anchored in Plymouth harbor that winter of 1620-21. Rose's chills would turn to uncontrollable shaking. Then just as suddenly, her body would be ablaze with fever. Herbs from the surgeon's chest did little to relieve her. By spring only five wives remained out of the eighteen who had sailed to Plymouth. Rose was not among them.

Thanksgiving? What was that? The golden dreams of a New World that Miles and Rose had cherished together had evaporated into hollow hopes. And yet that fall Capt. Standish joined other beleaguered Pilgrims in the first Thanksgiving celebration.

The real test of thankfulness is whether we can give thanks from the heart for what we do have, despite the wounds and pains of yesterday's struggles. Ours is not some fair-weather faith, but a resilient trust in in the midst of pain. The Pilgrims lived close to the edge of survival. Perhaps that is why they were so thankful.



"Bitter Winter, Better Thanksgiving"

<http://www.joyfulheart.com/thanksgiving/standish.htm>

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
1 All Saints Day DAYLIGHT SAVING TIME ENDS 8:45 Worship 10:00 Sun. School 11:00 Worship	2 7:00 BSA 158	3 9:30 Women's Bible Fellowship 4:30 W.W. 5:30 Trustees 6:00 Finance 7:00 BSA 135	4 12:15 W.W. 3:30 CCF 6:00 Praise Team 6:30 UMYF 7:00 Choir 7:00 Men's Bible Study	5 5:45 W.W. 6:30 Young Adult Bible Study	6	7 8:30 W.W.
8 8:45 Worship 10:00 Sun. School 11:00 Worship	9 5:30 Christian Ed 7:00 BSA 158	10 9:30 Women's Bible Fellowship 4:30 W.W. 5:00 Rental 7:00 BSA 135	11 Veterans Day 12:15 W.W. 3:30 CCF 6:00 Praise Team 6:30 UMYF 7:00 Choir 7:00 Men's Bible Study	12 5:45 W.W. 6:30 Young Adult Bible Study	13	14 8:30 W.W.
15 8:45 Worship 10:00 Sun. School 11:00 Worship	16 5:30 Nurture 6:30 Ad Board	17 9:30 Women's Bible Fellowship 4:30 W.W. 7:00 BSA 135	18 12:15 W.W. 3:30 CCF 6:00 Praise Team 6:30 UMYF 7:00 Choir 7:00 Men's Bible Study	19 5:45 W.W. 6:30 Young Adult Bible Study 7:00 P.F.L.A.G.	20	21 8:30 W.W.
22 8:45 Worship 10:00 Sun. School 11:00 Worship Hanging of the Greens	23	24 9:30 Women's Bible Fellowship 4:30 W.W. 7:00 BSA 135	25 12:15 W.W. 3:30 CCF 6:00 Praise Team 6:30 UMYF 7:00 Choir 7:00 Men's Bible Study	26 Thanksgiving Day	27	28 8:30 W.W.
29 8:45 Worship 10:00 Sun. School 11:00 Worship First Sunday of Advent	30					

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